

## **Midday Prayers 2024: Transformation – Now!** **August - MU at Prayer**

### **Monday – Bless the work of Mothers' Union**

'The same Lord is Lord of all  
and richly blesses all who call on him.'  
*Romans 10:12*

**The Lord bless us  
and keep us**

We pray God's blessing for ourselves;  
may we be sustained in all we do.  
We pray God's blessing on those whom we love;  
may they be upheld by the presence of Christ.

**The Lord make his face to shine upon us  
and be gracious to us**

We pray God's light to shine clarity  
on our plans for loving kindness.  
We pray God's grace to encircle  
all who serve and those they support.

**The Lord turn his face towards us  
and give us peace**

We pray God's divine favour and peace  
that surpasses all understanding  
to fill our lives today.  
**Amen**

### **Tuesday – The words we speak**

'Praise be to the God and Father of our Lord Jesus Christ,  
who has blessed us in the heavenly realms  
with every spiritual blessing in Christ.'  
*Ephesians 1:3*

**Eternal God, the refuge and help  
of all your children,  
we praise you for all you have given us,  
for all you have done for us,  
for all that you are to us.**

In our weakness, you are strength,  
in our darkness, you are light,  
in our sorrow, you are comfort and peace.

We cannot number your blessings,  
we cannot declare your love:  
For all your blessings we bless you.

**May we live as in your presence,  
and love the things that you love,  
and serve you in our daily lives;  
through Jesus Christ our Lord.  
Amen**

*St. Boniface, 675-754*

### **Wednesday – The prayers we breathe**

‘See, I am doing a new thing!  
Now it springs up; do you not perceive it?’  
*Isaiah 43:19*

**Loving Lord, transform our lives  
that we may reflect the glory of Christ  
and share his love in the world.**

You are the potter, Lord,  
and in your skilful hands  
even the unlikeliest of clay  
becomes a thing of beauty  
and useful, bringing glory  
not to the pot, but its creator.

So take these lives, this clay,  
and in your loving hands  
transform and make us  
into what we long to be;  
made useful, Lord, for you.

Transform our struggles  
into victories.  
**Transform our doubting  
into certainty.**  
Transform our stumbles  
into confidence.  
**Transform our sorrow  
into worshipping,  
gracious God, we pray.  
Amen**  
© *John Birch*

### Thursday – The witness of our lives

‘We are being transformed into his likeness  
with ever-increasing glory,  
which comes from the Lord, who is the Spirit.’  
*2 Corinthians 3:18*

Breathe in me O Holy Spirit  
that my thoughts may all be holy;

Act in me O Holy Spirit  
that my works, too, may be holy;

Draw my heart O Holy Spirit  
that I love but what is holy;

Strengthen me O Holy Spirit  
to defend all that is holy;

Guard me then O Holy Spirit  
that I always may be holy.  
*St. Augustine of Hippo*

**Loving Lord, transform our lives  
that we may reflect the glory of Christ.  
Continue in us the work of your Spirit;  
the miracle of transformation  
from the gloom of sin  
to the glory of Christ  
Amen**

### Friday – Faith in Action

‘My people will live in peaceful dwelling places,  
in secure homes, in undisturbed places of rest.’ *Isaiah 32:18*

God of compassion, your eyes are turned to the poor and needy.  
Turn our gaze to see the need around us.  
Give us a vision of an equal society where everyone has a place.

God of justice, your face is set against poverty.  
Shake us out of our comfort.  
Challenge us to counter injustice whatever the cost to ourselves.

God of hope, your kingdom will come in its fullness.  
Envision us to act and pray.  
Inspire us to work for an equal society of fullness of life for all  
that poverty may be overcome. Amen

## **Saturday – Blessed to be a Blessing**

‘God is able to make every blessing of yours overflow for you,  
so that in every situation you will always have all you need  
for any good work. ‘

*2 Corinthians 9:8 (ISB)*

**God bless each step  
that we take today,  
whether that road  
is rough or smooth.**

And in God's strength  
step out in faith,  
step out in love,  
step out in peace,  
and bless this world  
with God's presence  
in and through our lives

**May we be a blessing  
to every life we touch,**

and the Spirit within,  
that life-giving water,  
be a gift of refreshment  
in love shown and shared  
with all who are thirsty  
along the road we travel.

**Amen**

© *John Birch*

‘A person of blessing will be enriched,  
and he who gives water also will be refreshed.’  
*Proverbs 11:25 (LEB)*