

MOTHERS' UNION

MIDDAY PRAYERS FOR

December 2025

Theme – Invitations and gifts

Reflection for – Invitations and gifts

Before we were formed in the womb, God knew us each individually. Whilst we move into the season of Advent, we think not only of the gift of Jesus Christ, but also the many gifts and talents that the Lord has given each and every one of us. Let us think, this month, how we can use these gifts for the glory of God, the spreading of His Gospel and in the growing of His Kingdom through the work we do within Mothers' Union.

Monday

Dear Lord, with every breath we take we will sing of Your great goodness. You brought us light in the darkness. As we gather together during this time, let us remember the first coming of Your Son, Jesus. We thank You for this gift beyond measure, given to us, despite our faults and failures, to bring peace on earth. Amen

Tuesday

God of light, lead us to justice and peace. Grant us that Your light may shine where we are, so that we share the life and the hope You have given us.

We pray throughout the season of Advent, that love and peace will reign and abundant life will come to all Your children. We await the light of the world that has come to us in Jesus Christ, the Prince of Peace. We trust in Your steadfast care for all. You are our refuge and our strength. Amen.

(Adapted from CBTI)

Wednesday

O Holy are you O God, you assure us with your message 'Do not be afraid', indeed Lord you bring us good news. Holy are you, wonder of wonders, for your beloved reigns in peace, you set aside your glory, and you always load us with the riches of your grace. Holy are you oh God, you lead us beside quiet waters and quieten our noisy lives so we might hang onto your word of joy. As we celebrate your Chosen one, prepare us to listen with our lives. Speak to us Lord and enable us to share joy to all your people. Amen

(Church of Scotland)

Thursday

Heavenly Father and Almighty God, soften our hearts to the plight of migrants and refugees, through the example of the Blessed Mary, Mother of Mercy, who sought refuge in Egypt to protect her son, our saviour. Fill our hearts with love, compassion and generosity, and with the Holy Spirit may we speak up against the ambivalence of the world. May we never forget the teaching of your son Jesus Christ, that, as we do to the least, we do to him. Amen

(The Church in Wales)

Friday

Lord Jesus, Master of both the light and the darkness, send your Holy Spirit upon our preparations for Christmas. We who have so much to do seek quiet spaces to hear your voice each day. We who are anxious over many things look forward to your coming among us. We who are blessed in so many ways long for the complete joy of your kingdom. We whose hearts are heavy seek the joy of your presence. We are your people, walking in darkness, yet seeking the light. To you we say, "Come Lord Jesus!". Amen

(Henri Nouwen)

Saturday

We pray that throughout the whole world, as in Bethlehem so many centuries ago, we make space for God to enter our families, our work and our lives, and that we recognise and celebrate God's presence. Let us welcome God with open minds and open hearts so that as people of Christ, we can answer more fully the call that Jesus gave us over 2000 years ago, to "love one another" as we are loved. Amen

(Based on a prayer by Maryknoll Lay Missioners)

Final Blessing

May God himself, the God of peace, make you perfect and holy, and keep you safe and blameless, in spirit, soul and body, for the coming of our Lord Jesus Christ; and the blessing of God Almighty, Father, Son and Holy Spirit, be with us now and forever. Amen

(The Church of England)

Wave of Prayer

1-2 December: Mpumalanga in South Africa; **Central Buganda** in Uganda; **Zonkwa** in Nigeria; **Bo** in Sierra Leone; **Newcastle** in England and **Barrackpore** in India

3-5 December: Akot in South Sudan; **South West Tanganyika** in Tanzania; **Aba & Irele-Ese Odo** in Nigeria; **Coventry** in England and **Cuttack** in India

7-9 December: Namibia; Mount Kenya South in Kenya; **Northern Izon & Ijebu North** in Nigeria and **Durham** in England

10-12 December: Lusaka in Zambia; **Shyogwe** in Rwanda; **Sokoto & Ikka** in Nigeria; **Ely** in England and **Karimnagar** in India

14-16 December: Fianarantsoa in Madagascar; **Central Tanganyika** in Tanzania; **Calabar & Igbomina** in Nigeria; **Derry & Raphoe** in All Ireland and **Banks & Torres** in Vanuatu

17-19 December: Lui in South Sudan; **Embu** in Kenya; **Orlu & Awori** in Nigeria; **The Murray** in Australia and **Medak** in India

21-23 December: Archbishops, Bishops and all clergy in the Anglican Communion

24-26 December: Refugees, internally displaced families and those living in a climate of fear

28-30 December: All involved with the responsibility of caring for and supporting family life

31 December: Mothers' Union worldwide