



Glamorgan Heritage Coast Parish Magazine



October 2021

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Parish Magazine

The Rectorial Benefice of the Glamorgan Heritage Coast comprises the Parishes of:

St Bridget's, St Brides; St Michael and All Angels, Ewenny; St Giles, Gileston; St Cattwg's Llanmaes; St Michael and All Angels, Llanmihangel; St Illtud's, Llantwit Major; Holy Trinity, Marcross; St Mary's, Monknash; St Donat's, St Donats; St Tathan, St Athan; All Saints, Southerndown; St James, Wick.



This magazine serves them all.

Contributions to be in by 22nd of the month please.

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Please don't forget to pass on this edition of the magazine to people who would otherwise not receive it.

This Month's Cover

There is no reason why the front cover of the magazine should not be decorative and that is why the October issue has this photograph of a very happy teenager on it. Please turn to page 2 to read more about this British winner of the US tennis Championship.

Printed version

We are eager to return to having our printed version available to those who want it but are held back by the problem of distribution. If you are able and willing to undertake delivery of a number of copies please volunteer via Fr Edwin, Office or Editor.

The mind is like an iceberg it floats with 1/7 of its bulk above the water

From the Editor

Dear Friends,

This publication usually confines itself to local news. An exception was the September issue with the piece about the Hairy Bikers, but here we go again!

Each newspaper and periodical I have seen recently has been filled with photographs of, and information about, that delightful phenomenon, Emma Raducanu. I am sure that I do not really need to tell you that she is the 18-year-old who took the tennis world by storm when she won the US Open Tennis Tournament. Not only is she an accomplished tennis player, but also a charming young lady, attractive in appearance and also in her attitude towards life. She seems to have her feet firmly on the ground, having got good grades in her 'A' Levels this summer, and achieved pleasing standards in the other sports she tried her hand at before concentrating on tennis.

What have I got to say that other, more erudite, writers have not already said? My concern is twofold but the two are connected. Already, the media and others who wish to cash in on the opportunity to gain publicity are assaulting her with offers. Cover of Vogue Magazine, prime time TV slots, offers of endorsements and many, many more. None of these people care about her as a person, merely as a marketable commodity to be used to help sell their product. They will pester her mercilessly and let us hope that her 'team' are able to protect her from the excesses of the pressure.

We, the public, may not be able to have much influence on this aspect but we might be able to help in the second. This is in the level of expectation built up by the media and public naivety. A case in point is that of Tim Henman who suffered from this 'over expectancy' around the turn of the century. He played well, reaching Wimbledon Semi-finals but was regarded as something of a failure because he never actually won there even though he played to the limit of his ability. Emma has started with a monumental win; what do we, her supporters, expect from her next? It is unreasonable to assume that she will win every time. Let us temper our hopes with sweet reason and not demand too much. Let us, also, keep her in our prayers.

Yours sincerely, *Eric Sparks*

If you see someone without a smile, give them one of yours.

Holidays

Why do people go on holiday? There must be a multiplicity of reasons but if you had to give a single suggestion, it would, in all probability be “for a change”. I remember that, when I was doing a job which I found rather taxing, I found a week on a narrow boat on the canals to be very relaxing. The 4-mph limit to the speed of the boats in contrast to my usual daily life was most soothing, and regenerated me for the return to home life and work.

Those who live inland will be likely candidates for a seaside venue, especially if they have children to consider. There is a fascination about water in all its forms so that the sea, rivers or lakeside are very popular. Of course, we all hope for good weather so that one can be out of doors all the time, and this will be the dominant reason for choosing to go overseas. In addition, it is interesting and educational to visit foreign lands as well as most likely to be cheaper.

But is that all that there is to it? Don't most of us derive great stimulus from meeting different races, different ways of life or even just different people of the same race as ourselves? We have recently had a little holiday in Devon, primarily going on various steam railways. But one of the most satisfying aspects of the trip was meeting the people with whom we sat in the hotel restaurant. We soon struck up a rapport especially when we found out that one of the gentlemen was a Lay Preacher from Cumbria. Our conversations ranged over a wide variety of topics but the fact that we had our faith in common was a significant lubricant to our time together.

All this set me thinking about what we want from life. As we grow older, the urge to get away from home diminishes and we are less inclined to want to wander and are probably relieved to get home after a break. Unfortunately, this would cut us off from social interactions and these are the bread and butter of life. In these times of easing of the restrictions we have had to endure; we should all make an effort to return to a normal life as soon as we can even if we do have a certain reluctance to mingle. Church services are getting back to what we are accustomed to, with the distribution of the Bread at Eucharist. but the size of the congregation is much below the norm. Why not try to return to your usual form of worship? You know that you will be welcome.

ES

For beautiful eyes look for the good in others; for beautiful lips speak in the words of kindness and for poise walk with the knowledge that you are never alone.

Father Edwin's Page

Dear Friends,

Sunday 10th October is World Mental Health Day. This one day has been set aside in the international calendar since 1992, recognising the widespread nature of mental health issues and marking the work of those involved in education, awareness-raising and advocacy against the social stigma of mental health throughout the world.

Work to support mental health and wellness has been a feature of our work in the Heritage Coast churches over recent years, with various projects and events raising awareness and reminding us that we all need to take care of our mental health. It isn't something that affects other people: it's a part of life for all of us, and the last 18 months of the pandemic have been a startling reminder of how fragile we can all be at times.

There will be various activities taking place in our churches and online over the weekend of 10th October and during the following days, and details will be available on the weekly email, Facebook pages and the GHCP website. There will also be prayers available for use in our worship and at home, on that Sunday.

Many people in significant distress may not be receiving any care or support from mental health services, for a variety of reasons. They may be 'off the radar' or they may be finding support within their local community or family. This is nothing new; the New Testament tells us repeatedly of the people in severe distress who encountered Jesus, with the narrative often referring to them being 'possessed by demons'. Thankfully we have moved beyond that sort of language today, yet the impact and longer-term scars left by poor mental health define the lives of too many people.

I've been asked on many occasions why the church needs to be involved in this work – why is mental health and wellness any business of the Christian church? Quite simply, the primary gift that the church has to offer is the creation of a graceful space for meeting, within which the possibility of listening, understanding, friendship, belonging and tenderness becomes real. When we do this, the love of Jesus Christ, we start to value and respect the completeness of a person, regardless of the baggage that weighs them down on the journey of their lives. I'm sure this is the approach that Jesus took when he encountered so many people in need in scripture; he looked beyond the illness or the disability and saw straight through to the complete person.

Each one of us is cherished and deeply loved by God, regardless of our back story or the challenges we might face, and World Mental Health Day should be a reminder of the unconditional offer of love, that flows from the heart of God.

See page 12 for a poem

Look for three qualities, integrity, intelligence and energy. And if you don't have the first the other two will kill you.

Blessing of same sex Marriages and Civil Partnerships

In early September, the Governing Body of the Church in Wales passed a church law permitting the blessing of same-sex Civil Marriages and Civil Partnerships. This comes into effect in the Llandaff Diocese from 1st October. From that date same-sex couples, who have already been through a civil recognition of their relationship, will be able to be blessed in our churches.

This is a very welcome change to Church regulations and the Bishops of the Church in Wales have described the move as “a step on the way towards repentance of a history in the Church which has demonised and persecuted gay and lesbian people, forcing them into fear, dishonesty and sometimes even hypocrisy”.

Anyone seeking a blessing of a same-sex Marriage or Civil Partnership in any of the communities of the Heritage Coast (or simply to make an enquiry) should contact the Parish Office (01446 792439) office@ghcp.church in confidence, or speak directly to one of the clergy.

Thanksgiving for the Harvest

Most of our Heritage Coast churches will be marking their thanksgiving for the Harvest on and around Sunday 3rd October. Please look out for details of local services and events in the churches near you.

St Illtud's Day: Saturday 6th November

For those living in and around Llantwit Major, the Feast of St Illtud will have great significance on Saturday 6th November, as we remember our patron saint and the founder of the church and town that bears his name. This year, we hope to be joined by Gildas, who is one of the monks living in the community on Caldey Island, and an old friend of the church and our wider parish. Gildas will be speaking in St Illtud's on the afternoon of St Illtud's Day (probably at 2.30pm, but time to be confirmed) and then preaching at the Sunday Morning Worship at 9.30am (to the congregations in church and on Facebook!)

That weekend will also see the launch of the Landscapes of Faith exhibition at St Illtud's Church. This is a Wales-wide project based in Llantwit Major, which reveals the landscape of faith across our nation. The exhibition will run through November.

More details on all these things will be available over the next couple of weeks, but these are certainly some dates to pencil into your diaries.

May you all be blessed by the deep love of God.

Edwin

Nothing is enough for the man to whom enough is too little.



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From Harvest to Christmas-and all in between

Notes from the 1972 Parish Magazines for October, November, December

The Lord's Prayer

For those of us brought up with the 1662 Book of Common Prayer, any changes to the old familiar words have to be carefully explained and justified. This was certainly so during the years of Prayer Book revision in the Church in Wales, making it a long slow process. So, it is interesting to see the Vicar writing in the October issue of the Magazine explaining changes to the Lord's Prayer.

Explaining how the Christian Churches in this country are slowly beginning to work together, he gave what he called a small example, by the uniform wording of the Lord's Prayer. He reminded his readers that this wording was already in the new Baptism service, and would be found in all the new services as they finally took shape, adding, *the changes are slight, but even so we shall have to speak them consciously and deliberately until we get used to them.*

After giving examples of "who is" instead of "who art", "in earth" instead of "on earth" and "those who" instead of "them that", he commented, *even small change often irritates, but we can hardly take exception to them.*

Our New Lay Reader

In the November Magazine the Vicar congratulated Vivian Ginn, of Voss Park, a lecturer in educational method at Barry Training College, and a Sunday School teacher at St. Illtud's, on being accepted as a Lay Reader. He would be licenced by the Bishop in the December after many months of preparation. He added, *Lay Readers do a great work in assisting the clergy in taking services and preaching and are a great encouragement when men who are fully occupied in their work and profession are prepared to give so much of their time to the service of God and his Church in this way.*

Bells and Roof

Also, in the November issue the Vicar appealed for more bell ringers, and announced that the 14th century West roof of St. Illtud's, under the advice of their architect, George Pace, was to be treated with a preservative; so, he warned of a tarry smell for a while.

In writing about the bells, he reminded readers that our present bells were cast in 1720 and recast in 1908, and that bells had been a feature of our church since its beginning in the 5th century.

Certainly St. Illtud would have had his own bell to carry about with him. I have seen the remarkable little bell at St. Pol de Leon in Brittany which is reputed

Laziness is nothing more than a habit of resting before you get tired.

to belong to Paulinus, a pupil of Illtyd. There is the curfew bell in the West Church, dated about 1320. (This bell is now back in the Town Hall.)

News from St Donat's

Much needed work on the church tower and parapets is mentioned in the Magazine several times during 1972, but it was not until the November issue that the Vicar was able to write that the restoration work by Clarke's of Llandaff had been completed, with the final effort towards the cost met by a jumble sale in the Town Hall.

On Advent Sunday the 70-strong choir from the Atlantic College, conducted by John Metcalf, was giving a Carol Concert in St. Illtyd's. The Vicar wrote that the quality of music in the college was very high.

The Stranger in the Pew

In the leading article in the December issue, the Vicar wrote about making people feel welcome in church, mentioning Victorian social snobbery where it ought not to be. *Hidden under the carpet in the Lady Chapel at St. Illtyd's is a stone which quaintly informs us, "Here lies William Wheeler by kind permission of Mrs. Nichol, the Ham.* He continued, *two people can be fairly regular in church, and after months have never spoken to each other, or even been spoken to by anyone else. Certainly, we can be grateful to our verger, Mr. Tommy Steele, for his cheerful smile and welcome to all who come, but this is the job of the whole congregation, not merely the verger, wardens or clergy.*

1972 was the year when Arab terrorists killed Israeli competitors at the Munich Olympics; British paras opened fire in Londonderry on what became known as "Bloody Sunday"; Flying pickets were used for the first time with Arthur Scargill becoming a familiar name; the eventual closure of the East Moors Steelworks at Splott, Cardiff was announced; Welsh rugby giant Barry John announced his retirement, and Shirley Bassey sang "Diamonds are forever" at the latest Bond film.

David G Brunning

Congratulations

I am sure that all the readers will join me in extending our congratulations to Canon David G Brunning on the 65th anniversary of his ordination to the priesthood. David has an additional connection with this magazine as he has acted as its highly efficient proof-reader for many years. We all wish you well, David.

Ed

Kind words do not cost much yet they accomplish much.

The Meaning of the Bible

The Bible is the Holy Book of Christianity and is the best-selling book of all time. It is an assemblage of books and is split into two parts. The Old Testament is derived from the Tanakh which is the Holy book of Judaism. It starts with the Creation and goes on to give a history of the Jewish race and God's covenant with them. The latest research indicates that it originated in the 10th Century BC, as writings from this time have recently been discovered.



The New Testament starts with the four Gospels which are each a narrative of Jesus' life and teaching. Jesus taught us to be more positive in our love and care of our fellow man. The New Testament goes on to relate the "Acts of the Apostles" as they begin the task of spreading the Good News of the Gospels throughout the world.

We would all benefit from a greater familiarity with these writings which are sacred, as they were inspired by God.



In the days before printing, monks would spend their lives painstakingly copying out the Bible by hand. They gave us gloriously elaborate decorated letters which are, in themselves, works of art. There are several copies which are particularly worth a viewing. One of these is the highly decorated 'Book of Kells' which is written in Latin and is on vellum which is prepared calf skin. It takes its name from the Abbey of Kells which was its home for centuries before being relocated to Trinity College Dublin.

It is worth mentioning Bishop William Morgan, who was born at Tŷ Mawr Wybrnant near Bettys y Coed. He was the first translator of the Bible into Welsh and is therefore credited with having done more than anyone else to ensure that Welsh survives as a spoken language. The regular use of Welsh in church services makes this certain. ES



Time goes by you so quickly you can hardly catch it going.

Humour

A man went into the pub and said to the girl behind the bar, "Would you like to hear a blonde joke?" She replied, "Just in case you hadn't noticed, the local rugby team is in here and each one of them is a blonde. Do you still want to tell the joke?" "No," said the man, "I don't think I'll bother. I don't want to have to explain the joke 15 times."

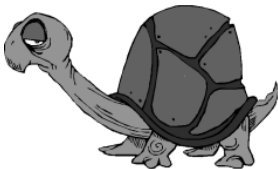
Moses was wandering in the desert for 40 years. Was this because, even then, men would not ask for directions?

Being British is about driving a German car to an Irish pub, for a Belgian beer. On the way home, picking up an Indian curry or a Turkish kebab, to sit on Swedish furniture, watching American shows on a Japanese TV, buying a holiday home in Spain, skiing in France and having a Romanian au-pair. But the most British thing of all? Suspicion of anything foreign.

Professors are renowned for being absent minded. One day one of them was driving on the motorway when his wife phoned him on his mobile and said, "George, please be careful. There is there is a report on the radio that a man is driving the wrong way on the motorway." The professor replied, "Not just one man, they all are."

Arthur and Brian are sitting in the pub having a drink together and enjoying a chat. On the television there is a program showing scuba divers with the equipment on the back sitting on the side of the boat and falling backwards into the sea. The usual procedure. Arthur says "Brian, I can't understand why they have to do that falling backwards out of the boat, do you?" Brian replied, "Of course they have to fall backwards, if they fell forwards, they'd still be in the boat."

I called out from the garden to my mother, asking her to turn off the electricity on the appliance I was using. Fortunately, my hands were clear when the machine turned on again! I asked mum why she hadn't turned it off. She replied, "I went to the switch and pressed it until it said 'NO', isn't that right?" I said, "No mum. 'NO' is 'ON' upside down!"



No! I haven't been
double jabbed.



I wish I could remember
what I was doing before
the lockdown.

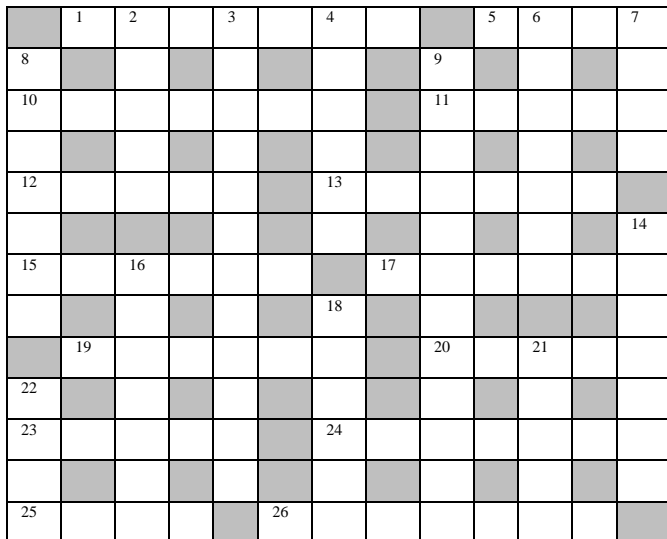


You're going
where on holiday?

*If the human brain was simple enough for us to understand we'd be so
simple we wouldn't understand.*

Puzzle Page

Crossword No 108



- | | |
|---|---|
| <p>Across</p> <p>1 Suspend.</p> <p>5 Assist</p> <p>10 Monitor</p> <p>11 Ruined</p> <p>12 Follow</p> <p>13 Sinew</p> <p>15 Boggy</p> <p>17 Sweet</p> <p>19 Soldier</p> <p>20 Raffle</p> <p>23 Sound</p> <p>24 Creased</p> <p>25 Robe.</p> <p>26 Supplicating</p> | <p>Down</p> <p>2 Apparel</p> <p>3 Too much light</p> <p>4 Turn</p> <p>6 Weapon</p> <p>7 Neat</p> <p>8 Placate</p> <p>9 Peace</p> <p>14 Same word</p> <p>16 Funny</p> <p>18 Storage</p> <p>21 Symbol</p> <p>22 Study</p> |
|---|---|

Answers

Across: 1 Adjourn, 5 Aber, 10 Monitor, 11 Razed, 12 Ensur, 13 Tendron, 15 Swampy, 17 Sugary, 19 Hussar, 20 Lotto, 23 Sound, 24 Wrinkly, 25 Toga, 26 Praying.
 Down: 2 Dress, 3 Overexposed, 4 Roatle, 6 Bazooka, 7 Tidy, 8 Appare, 9 Tranquility, 13 Synonym, 16 Annus, 18 Drawer, 22 Token, 22 Swor.

Mini Quiz

1. Which planet has a radius larger than Mercury but smaller than Venus?
2. In 1938 Albert Hoffman first synthesised which psychedelic drug by isolating compounds in ergot?
3. Mark Royden was found guilty of trying to steal which document from Salisbury Cathedral?
4. Which king of Israel says that "there is nothing new under the Sun"?
5. And Oxonian is a native of which British city?

Answers

1 Mars, 2 LSD, 3 Magna Carta, 4 Solomon, 5 Oxford.

Children's Word

Ladder

Go from one word to the next by changing only one

MAKE	CREATE
HAKE	FISH
HATE	DESPISE
	SATISFY
	SECURE
	TEASHOP
	BOX
	MONEY
	WHIP
	ENDURE
LIST	LEAN

Make, Hake, Hate, Sate, Safe, café, case, Cash, Lash, Last, List.

There are three kinds of lies, lies damned lies and statistics.

A prayer for World Mental Health Day, by Alison Webster

God of Compassion,
You meant us to be both fragile and ordinary.
Silence the voices that say we are not good enough,
Haven't achieved enough,
Haven't enough to show for our lives,
That we are not enough.
Help us to know that we are treasure,
We are prized,
We are cherished,
We are loved.
Infinitely.
By you.
So be with us in our corrugations of feeling:
When our hearts are in downward freefall, be with us
When our minds race with anxiety, be with us
When our throats close in fear, be with us
When sleep will not come, be with us
When waking hurts, be with us.
In the name of Jesus,
Who knew trauma, abuse, despair and abandonment
And has nothing but love for us,
Amen.

St Illtud's 100 Club

If you go into St Illtud's Church and look around, you will probably spot a little pile of pamphlets. The cover looks like the illustration on the right. Inside, you will find details of the newly formed 100 Club which is a regular, monthly draw for supporters of our church.

For a cost of only £5 a month, your name will go into this exclusive draw with cash prizes proportional to the number of members. Numbers are limited to the first 100 applicants.

We have already had an encouraging take-up but, obviously, would like to reach the maximum we have set. Full details are given in the pamphlet or you can get them by ringing the office on 01446-792439



DON'T MISS YOUR CHANCE

Fishermen know that the sea is dangerous and the storm terrible, but they have never found these dangers sufficient reason for remaining ashore.

Saint of the Month

10th October: Thomas Traherne, Poet, Spiritual Writer

A couple of years ago BC (Before Covid), Sheila and I spent a few days in Herefordshire, visiting National Trust properties. We also, of course went to Hereford Cathedral, and were particularly impressed by the exquisitely beautiful Audley Chapel, its windows filled with coloured glass by Tom Denny, inserted in 2007 to illustrate the writings of Thomas Traherne, the Herefordshire poet, who died on 10 October 1674 aged just 38.



Traherne was born in Hereford in 1636, studied in Oxford and became parish priest of Credenhill, just outside the city. He then went on to be chaplain to the Lord Keeper of the Seals of Charles II, though kept his connection with Hereford and the Cathedral.

Thomas Traherne was one of the metaphysical poets of the 17th century, a group which included the Welsh poets George Herbert and Henry Vaughan, and also the most well-known of the poets, John Donne. None of his poems were published during Traherne's lifetime, indeed not until the 20th century when they became immediately popular. They differ from the poems of the other metaphysical poets inasmuch that, instead of concentrating on sin and suffering, they celebrate the glory of creation. This is what the Traherne windows in Hereford Cathedral emphasise, as the artist made them a visual expression of the visionary beauty and the richness of Traherne's imagery, and an inspiration to pray to the God who Traherne loved and served.

So a pane in one of the windows shows a field surrounded by trees, illustrating Traherne's words: *The green trees when I saw them first.... transported and ravished me, their sweetness and unusual beauty made my heart to leap.* Another pane is of the city of Hereford *entertained with prospects and surrounded with the beauty of hills and valleys.* One whole window has a figure dwarfed by sea and sky: *Suppose a river, or a drop of water, an apple or a sand, an ear of corn or an herb: God knoweth infinite excellencies in it more than we: He seeth how it relateth to angels and men; how it proceedeth from the most perfect Lover to the most Perfectly Beloved.*

Traherne was an uplifting poet. Even in difficult times he felt deep happiness and he showed this joy and mystery in his writings with depth and beauty.

Philip Morris

Memorial Service for the late Margaret Mitchell

The family of Margaret Mitchell are holding a Memorial Service for her at St Illtud's Church in Llantwit Major on Saturday 9th October at 2.00pm. Margaret was a good friend to many and a regular part of the life, work and witness of the church. Her death during lockdown was a profound sadness and this service will be a 'farewell' to her, as her ashes are taken to be re-united with those of her late husband in London. There is a warm welcome to friends to attend the service.

Life and death one thread; the same line viewed from different sides.



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From the Registers

Baptisms

5 Sept. Annabelle Rose Jones
5 Sept. Aneurin William Jones
5 Sept. Tudor John Jones
7 Sept. Rebecca Catherine Elizabeth Williams
12 Sept. Amora Violet Woodfield

Marriages

26 Aug. James Thomas Mark Baker & Rebecca Jayne Garrington
30 Aug. Jonathan Charles Meades & Jessica Anne Santana Morrick
4 Sept. Elliot Michael Dudley & Mhairi-Clair Stewart
4 Sept. Simon David Jones & Elaine Anne Shaw
11 Sept. Benjamin David Cutter & Rebecca Catherine Elizabeth Williams
18 Sept. Dafydd Islwyn Pritchard & Anna Kate Bailey

Burials

1 Sept. Gloria Dawn John aged 78 years, Llantwit Major
3 Sept. Jean Anne Powell aged 86 years, Llantwit Major
8 Sept. Arthur Stanley Jones aged 92 years, Llantwit Major
13 Sept. Diana Elizabeth Alice Trickey aged 76 years, Llantwit Major
14 Sept. Margaret Blake aged 90 years, Great Yarmouth

Llantwit Major Mother's Union.

By the time you read this we will have met together in the Mezzanine to join (via YouTube) the great **MU Annual Gathering**. Our plan is to watch the two sessions together and have a picnic lunch between the sessions.

Our MU page St Illtud's Church, Llantwit Major: Mothers' Union (llanilltud.org.uk) on the new parish web site is undergoing development and Olly has set up a calendar for us which feeds into the main calendar too. I will be adding more information and links to the page over the coming days and weeks.

October meeting.

Our next meeting will be on Tuesday October the 5th at 2.00pm in St Illtud's. We will be welcoming the newest member of our Ministry Team, the Rev Emma Street to speak to us. We look forward to getting to know Emma and enjoying time with each other as we work together to move forward into our new future.

Sue Beetlestone

My father used to say, "Don't raise your voice, improve your argument."

Llanmaes Lockdown Quilt 2021

“Mamgu, what did you do during the pandemic?”

“Well, cariad, sit down and I will tell you....”

“In our small village of Llanmaes in the Vale of Glamorgan, the villagers soon organised themselves to help each other. They shopped for each other and shared their grocery orders if they were lucky enough to be able to secure a delivery. For a time, there were shortages of some groceries due to people panicking and overbuying; the villagers would share what they could if they came across an item such as flour that was in short supply.

A lot of people all over the country became very sick and needed to be looked after in hospitals. The doctors, nurses and everyone else who looked after them had to work very hard. They were short of some equipment they needed such as special clothes to wear, so some ladies from the village and their friends got their sewing machines out to make some.

To keep people safe, the government told people to stay in their houses and only go out for some exercise or things they really needed. This was the ‘lockdown’. The shops and restaurants closed and we were told to wash our hands very well and wear face masks to prevent the spread of the virus. Very few of us had worn things like this before. It was a scary time.

For a while, once a week the villagers, along with people all around the country stood on their doorsteps and clapped, played musical instruments and banged pots and pans in recognition of the hard and sometimes hazardous work being done to look after the sick people and keep us all safe and well. It became known as ‘The Clap’.

The sewing ladies in the village and their friends decided to make face masks to sell, to raise money to help support the staff and patients in hospitals and those who were looking after vulnerable people. They formed a group which they named ‘Masks and Sundries Llanmaes’ and taught each other how to make the masks. Some of them went to buy the fabrics and sent away for the other bits and pieces. A lady who ran a factory had pieces cut out with her special cutter and sewed lots to help us. The ladies shared the materials around by leaving parcels on their garden benches, doorsteps or handing them to each other at the door as they were not allowed to meet each other. Some of them worked very hard to sell the masks and raise more money by holding things such as raffles and a big sale of art work.

One of the doctors who was looking after very sick people with the virus asked the sewing ladies if they could make some special bags (‘keepsake bags’) for relatives of those who died, to keep treasured items such as a lock of hair and a handprint. The doctor also asked the villagers and friends who could knit or sew if they could make some little hearts to put into the hands

If this is coffee, please bring me some tea but if this is tea, please bring me some coffee.

of the dying, one to be given to their relatives in their keepsake bag and the other to stay with the person after they had died. The knitters and sewers found this hard, as it was so sad but were pleased to help.

A nurse asked the sewing ladies if they could make some nice bags for people having surgery for breast cancer, for them to be able to carry around the drains that they needed for a few days after their surgery. The sewers made these and added a matching face mask as a little present. One or two of the villagers had an idea for some time before that it would be nice to make a quilt in the village. In 2021, some of the sewing ladies



had the same idea. So, they all put their heads together, but not in person as that was not allowed. They talked on WhatsApp and held meetings by Zoom.

One of the sewing ladies who knew about making quilts bought fabric for the quilt squares to be sewn onto, and they were shared around those from the village and their friends who wanted to take part.

There were 30 squares, made by 27 ladies and four children. Each person did something that was about the lockdown or the village. The villagers shared things to decorate their designs with each other and lots of ideas. Those who had made quilts before helped and encouraged those who had not. All of this had to be done again 'at a distance.' Eventually there were 30 squares and these were all sewn together to make what you see today.

What was nice was all the caring and friendship that happened around our village, especially as villagers and their friends missed seeing each other in person and were sad not to be able to see their friends and families.

Out of this and the shared interest in creating beautiful and useful things came an idea to form a craft group once we could all meet together safely again, where we could enjoy meeting up and learning new crafts and hobbies. It was named 'The Craft Room'.

The sewing ladies carried on making the 'drain bags' for those having breast cancer surgery and the knitters started to make pairs of hearts for mums and babies in one of the hospitals, who were separated if the baby needed to go to the Special Care Baby Unit, or another hospital. They also made little hats for the babies to wear after they were born.

So, cariad, that is the story of the pandemic, the lockdown and the Llanmaes quilt in our village in 2021. Now you will be able to tell your grandchildren, too."

Janet Harris

Money is a shallow destination; it is love that gives depth to the sea of life.

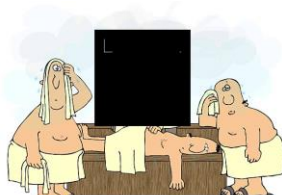
Lateral Thinking

1 What famous expression is this:

100S549 A3100FE21T0028Y2167 ?



2 Three men go into a sauna. Andrew has brought a Walkman; Bill has brought a book to read and Charles has a thermos flask with him. The only other items they have with them are towels. 15 minutes later they find that Andrew is dead. The police clear the steam and then search the sauna but only find a Walkman, a book, a thermos flask and towels. No signs of a weapon. How was Andrew killed?



3 In a cage of parrots each male parrot can see twice as many females as males. Each female can see as many males as she can see females. How many males and females are there in the cage?



4 Alice and Barbara go to their tennis club and play a 3-set match against each other. They each win the same number of games as the other. Using conventional tennis scoring what was the score?



1 Safety in numbers 100S549 A3100F 4E21T0028Y2167
2 Charles had an icicle hidden in the thermos flask with which he stabbed Andrew. The icicle then melted. 3 males and 4 females.
4 the scores are 6-3, 0-6, 6-3, 12 games each.

Recipe Book

St Illtud's Church, Llantwit Major is planning a small fundraising project to create a recipe book with contributions from members of the congregation. The aim is to share recipes which we love, from simple to elaborate, homemade favourites, vegetarian, vegan, all can be included. We need the following information; contact details of donor, title e.g. Aunt Mary's fruit cake.

We need: Ingredients, Method, cooking time, comment about why your recipe is special. Please do not copy from cookery books. Submission date is 30th November, 2021.

On completion it will be sold to raise funds for St Illtud's Church.

Please email elizabeththomas62@icloud.com or send to parish office

Thankyou. Elizabeth Thomas

You may always have a second chance; failure is not the falling down, but the staying down.

Benefice Directory

Parish Clergy

Rev'd Canon Edwin Counsell 01446-794503
The Rectory, High Street
Llantwit Major, CF61 1SS
edwin.counsell@ghcp.church

Fr Craig Vaughan 01656-890468
The Vicarage, Trepit Road
Wick, CF71 7QL
fr.craig@ghcp.church

Rev'd Emma Street 01656-880506
The Vicarage, Southerndown Road,
St Brides Major
Bridgend, CF32 0SD
streetmorgan@hotmail.com

Readers	Keith Brown 01446-793804 keith.brown@llanilltud.org.uk
	Penny Snowden 01446-775402 pennysnowden@gmail.com
	Hazel Norfolk 01656 880532 norfolk.1@hotmail.com
	Sue Moll 01446-719445 sue.moll@llanilltud.org.uk
	Bill Henderson 01446-750418 bill.henderson@llanilltud.org.uk

Parish Office	Alison Weston 01446-792439
9am -2.30pm	St Illtud's Church, Church Street,
Mon – Fri	Llantwit Major. CF61 1SB. office@ghcp.church

Website	http://www.llanilltud.org.uk/
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School	Mrs Ceri Thomas 01656 890253
	Wick & Marcross Church in Wales
	Primary School
	Church Street, Wick, CF71 7QE

School	Mr Duncan Mottram 01656 880477
	St Brides Major, Church in Wales Primary
	Heol yr Ysgol
	St Brides Major, Bridgend, CF32 0TB

Magazine Editor	Eric Sparks, 01446-795443
	Bronelwyn, Castle St
	Llantwit Major, CF61 1AP
	ericpetersparks1932@gmail.com
	Contributions to be received by 22 nd of the month.

Nobody expected to trust his body over much after the age of 50.

OCTOBER 2021 Final	Sunday 3rd	Sunday 10th	Sunday 17th	Sunday 24th	Sunday 31st
St Illtud 8.00am	Eucharist EC	Eucharist ES	Eucharist EC	Eucharist EC	Eucharist ES
Wick 8.15am	Online CV	Online CV	Online CV	Online	Online
St Tathan 9.00am	Harvest Service MW	Eucharist EC	Eucharist ES	Morning Prayer KB	Eucharist MW
St Illtud 9.30am	Online & in person EC	Online & in person ES	Online & in person EC	Online & in person EC	Online & in person ES
Ewenny 9.30am	Morning Prayer PS	Eucharist CV	Eucharist CV	Eucharist PM	Morning Prayer PS
Gileston 9.30am	Eucharist CV		Eucharist PM		
Llanmihange I 9.30am	Harvest Service ES		Morning Prayer KB		
Llanmaes 11.00am		Harvest Service EC		Morning Prayer KB	
St Brides 11.00am	Eucharist ES	Harvest Service ES	Eucharist ES	Eucharist EC	Eucharist ES
Wick 11.00am	Harvest Service CV	Morning Prayer PS	Eucharist CV	Morning Prayer PS	Eucharist PM
St Donat 11.15am	Harvest Service EC	Prayer & Praise KB	Prayer & Praise KB		Student Welcome KB
Marcross	Friday 1st 9.30am Friday Fellowship EC				
Monknash		3pm Harvest Service KB / CV	Friday 15th 9.30am Friday Fellowship CV		
Wick 8.30am	Thurs 7th Morning Prayer on Zoom	Thurs 14th Morning Prayer on Zoom	Thurs 21st Morning Prayer on Zoom	Thurs 28th Morning Prayer on Zoom	
St Illtud 10am	Wed 6th Eucharist ES	Wed 13th Eucharist EC	Wed 20th Eucharist ES	Wed 27th Morning Prayer KB	
St Tathan 11am	Wed 6th Eucharist EC	Wed 13th Eucharist CV	Wed 20th Eucharist EC	Wed 27th Eucharist EC	
Southerndow 3pm	Wed 6th Harvest Service HN	Wed 13th Eucharist ES	Wed 20th Evening Prayer HN	Wed 27th Evening Prayer HN	



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Jane Hutt

Member of the Senedd for the Vale of Glamorgan
Aelod o'r Senedd dros Fro Morgannwg

Please do not hesitate to get in touch if you have any concerns or need help.

Peidiwch ag oedi cyn cysylltu â mi os oes gennych unrhyw bryderon neu os oes angen help arnoch.

Contact / Cysylltu



jane.hutt@senedd.wales



@jane.hutt.714



03002007110



@janehutt



janehutt.wales



janehutt_vog

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